

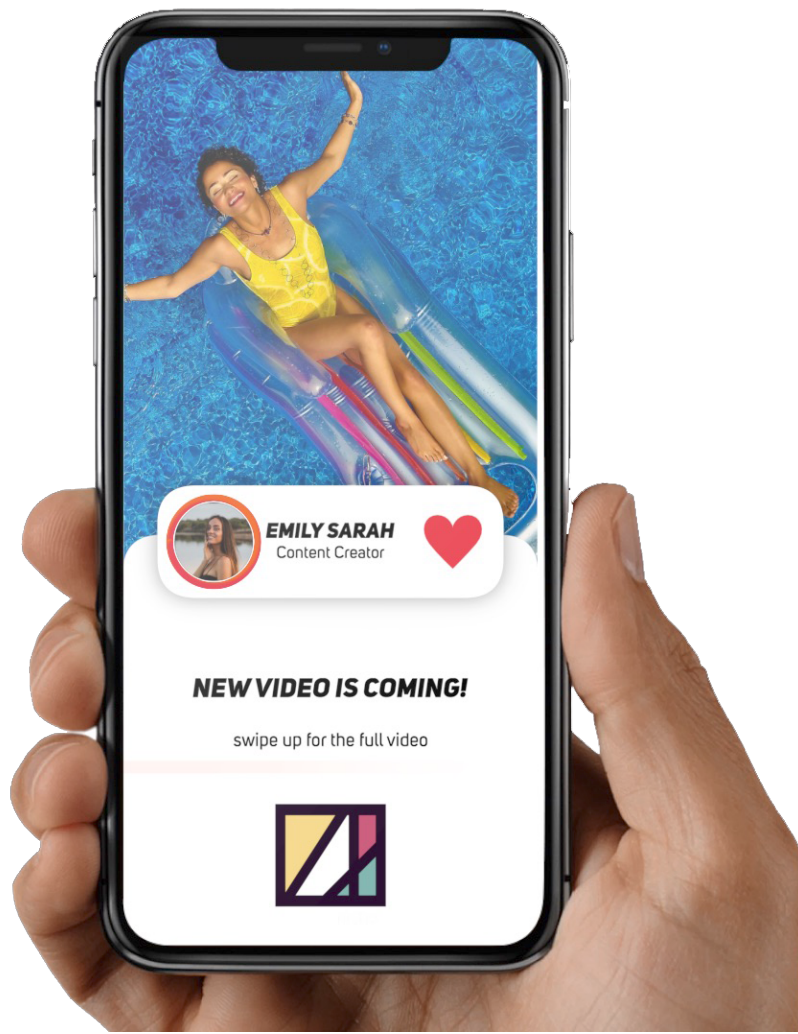
SOCIAL MEDIA POSTS - INSTAGRAM STORIES - FACEBOOK BANNERS AND MORE

# MNSTRS

SOCIAL MEDIA CONTENT CREATOR



## SOCIAL MEDIA



# MNSTRS



## **MNSTRS Edits**

### **Our trailer:**

<https://www.dropbox.com/s/gf586sst0dajoz4/IG%20Stories%20Promo%20Trailer.mov?dl=0>

### **About us:**

Our MNSTRS have the best experience your company needs for the development of visual communication, graphic design, advertising and digital media.

Since 2017, our Instagram Stories/Youtube editing bundle packages have sold out reaching our monthly limit of 10 users per month due to the our incredible aesthetics and marketing techniques.

Later on we added Graphic Design services such as IG posts, IG collages/puzzles, logo creation, landing pages and pretty much everything you need to create an outstanding personal brand from scratch

Three years later we've worked with over 20 Youtubers and social media entrepreneurs on a monthly basis. Also we have completed over 300 orders different online platforms maintaining a 5 stars reputation since we start our journey on freelance websites.

### **Contact and Reel:**

-Our work:

<https://www.dropbox.com/sh/awnhmrxdp99d97a/AACEA2d0KPyvDztZm7rNAW1Sa?dl=0>

-Our Instagram: @mnstrs.edits

-Our Website: <https://www.mnstrsedits.com>

# MNSTRS



## mnstrs

Instagram Stories and Facebook Ads Videos

★★★★★ 5.0 (454 reviews)

**C** coyounity ★ 5

United States



super fast, EXCELLENT communication and worked with me even though I was the one who was poor at communicating. They made sure to make me happy.

Published 1 week ago

Helpful Not Helpful

**amaandarenee** ★ 5

United States



I couldn't be happier working with mnstrs, he was so easy to work with. There was a fast delivery, he was open to all changes requested. (Only minor changes were needed). 100% recommend, i'm not using him for all my future edits.

Published 2 weeks ago

Helpful Not Helpful

**E** ericzap08 ★ 5

United States



The seller's work was amazing! His communication was great and took my directions exactly as I gave them to him. I am definitely using him for my future projects!

Published 2 weeks ago

Helpful Not Helpful

**GL** guilleloren ★ 5

Ecuador



It's my third time working with him and it's been awesome like always. Looking forward to collaborate in the next projects with him.

Published 4 weeks ago

Helpful Not Helpful

**GL** guilleloren ★ 5

Ecuador



Service was way better than expected, he understood exactly what we wanted and delivered a very professional and original video. Definitely will be working with him again. Thanks a lot!

Published 1 month ago

# MINSTRS



## VIDEO EDITING

SERVICE	DESCRIPTION	QTY	UNIT PRICE	TOTAL PRICE
IG Stories	<b>15 seconds</b> IG Story	1	USD 35	USD 35
IG Stories Pack	10 IG stories	10	USD 30	USD 300
Engagement Pack	Daily Motivational quotes videos from Monday to Sunday	20	USD 25	USD 500
IG Posts	<b>1 minute</b> IG video	1	USD 60	USD 60
IG Posts Pack	5 (up to 1 minute videos)	1	USD 40,00	USD 200
YouTube Videos	Up to <b>10 minutes</b> YouTube Videos	1	USD 90,00	USD 90
YouTube Pack	Ten (10) Up to <b>15 minutes video</b> editing, then reformatting them for IG posts and stories (@garyvee style). <b>30 videos in total</b>	-	-	USD 1000



# MNSTRS



## VIDEO EDITING

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EXTRAS	DESCRIPTION	TOTAL PRICE
Extra fast delivery	<b>24 hours delivery</b>	USD 25
Extra format	Will deliver a second version of the same video in another format	USD 20
PNG Images	Will remove the background from the images you need	USD 20



# GRAPHIC DESIGN

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SERVICE	DESCRIPTION	QTY	UNIT PRICE	TOTAL PRICE
IG Post	Any dimension you want	1	USD 25,00	USD 25,00
Posts Pack #1	5 posts	5	USD 20,00	USD 100,00
Posts Pack #2	10 posts	10	USD 15,00	USD 150,00
Monthly Pack	4 posts per week (12 per month) + Animated IG Story	17	-	USD 300,00
IG Puzzle (Small)	3 Rows: 9 tiles	1	USD 35,00	USD 35,00
IG Puzzle (Medium)	5 Rows: 15 tiles	1	USD 50,00	USD 50,00
Infographics	Infographic Posts	1	USD 40,00	USD 40,00
Logo	Logo Creation. 3 Proposals	1	USD 90,00	USD 90,00



# MNSTRS

## REVISIONS/POLICY

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\*Revisions / Proofing Policy\*

\*Each design project is allowed 2 rounds of editing in which several changes can be made within each round.\*

\*Any changes thereafter will have a price of \$10 per round of edits\*

\*If 3 days have passed without receiving any feedback from the client, the order will be assumed as completed\*

\*Client has to transfer the 50% of the project's total amount in order for the designer to start working on their project\*

IG POSTS AND STORIES INCLUDE: SUBTITLES, PROGRESS BAR, ANIMATED TEXT TITLES, NO COPYRIGHT MUSIC, COLOR CORRECTION, BACKGROUND NOISE REDUCTION AND ANIMATED LOGOS FOR INTROS AND OUTROS.

**SUBTITLES:** SUBS ARE INCLUDED (IF REQUIRED) FOR IG POSTS AND IG STORIES. FOR YT VIDEOS ASK FOR PRICES

**TRANSFERS MUST BE MADE VIA ZELLE OR PAYPAL** (USING THE FRIENDS OR FAMILY OPTION TO AVOID FEES, IF FOR ANY REASON THE CLIENT IS NOT ABLE TO CHOOSE THE FRIENDS OR FAMILY OPTION, THEY MAY HAVE TO ADD THE COMMISSION FEE TO THE FINAL PRICE)

# MINSTRS



## VEIN DISEASE Infographic



### WHAT IS VEIN DISEASE?



When the valves do not work properly, blood collects in the veins. This is called venous insufficiency.

### HOW THIS HAPPEN?

Veins take deoxygenated blood from a body part and bring it back to the heart. Because veins in the legs oppose gravity and flow in an upward direction, the veins have one way valves.



### WHAT HAPPENS WHEN BLOOD ACCUMULATES IN THESE AREAS?

#### 1 SPIDER VEINS

Are the tiny veins that appear right under the outer layer of skin and are seen as small, red, blue or purple vessels, usually in a web-like pattern.



#### 2 VARICOSE VEINS

Are bulging veins on the legs which appear large, twisted and rope-like and can cause pain, swelling or itching.

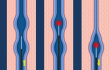


### FACTORS THAT CAN INCREASE YOUR RISK FOR VEIN DISEASE INCLUDE:

- FAMILY HISTORY OF THE CONDITION
- BEING OVERWEIGHT OR OBESE
- EXCESSIVE PHYSICAL ACTIVITY
- DIRECT TRAUMA
- SMOKING

### TREATMENT FOR VEIN DISEASE

#### EXAMPLE:

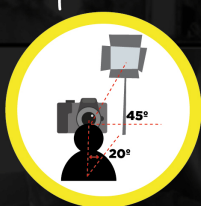


- Sclerotherapy and Ultrasound Guided Sclerotherapy
- Laser Vein Treatment
- Endovenous Laser Treatment
- Ambulatory Phlebectomy
- Radiosurgery Ablation

## TIPS PARA VIDEO CONFERENCIAS

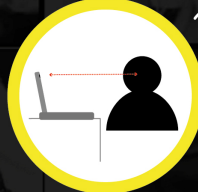
### LUZ

Debe incidir en tu cara como si fuera el sol al aire libre (45°), la fuente de la luz tiene que estar próxima a la cámara (20°) para no producir sombras pronunciadas.



### POSICIÓN CÁMARA

La cámara debe situarse a la altura de los ojos o algo más baja.



### ENCUADRE

No debes dejar mucho espacio sobre la cabeza y el marco superior.



### CONTACTO VISUAL

Procura mirar a la lente de la cámara sobretodo en reuniones con una sola persona.



### COLORES JOYA



### COLORES

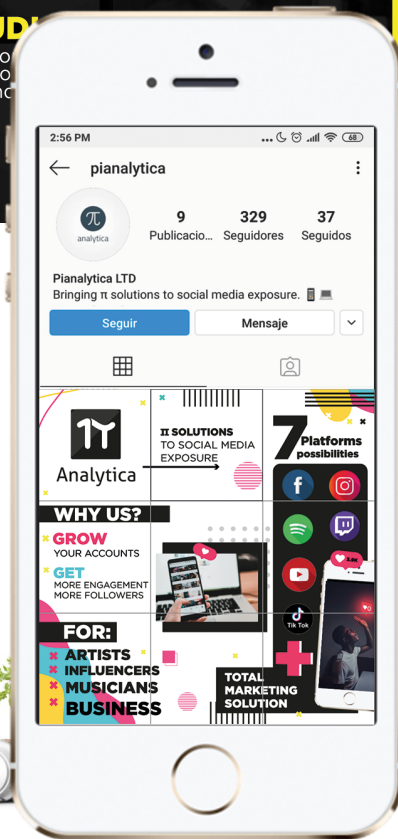
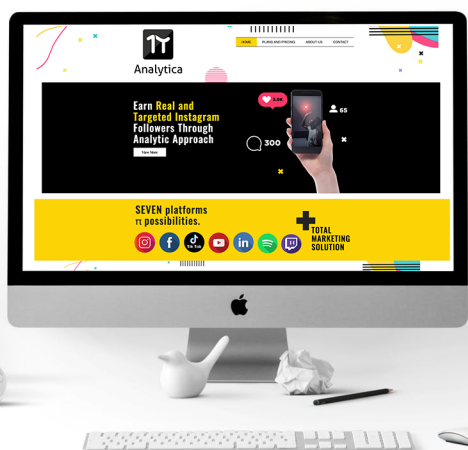
Evita el blanco, al igual que rayas, flores o colores fuertes que puedan distraer. Se recomienda colores Joya.



### CONEXIÓN

No dejes nada en manos de la improvisación, asegúrate de que tengas buena conexión con pruebas previas. Siéntese erguido y con los hombros relajados.

AUDI  
En co  
perso  
cuand



## IG Stories videos screenshots:

